BOWEL MANAGEMENT PROGRAM FOR FECAL INCONTINENCE AND SOILING

1 MECHANICAL TREATMENT

ENEMAS

- Antegrade vs Retrograde
- Normal saline vs water
  - Glycerin
  - Additives:
    - Glycerin
    - Soap

2 MEDICAL TREATMENT

HYPOMOTILITY TREATMENT

- Senna (2 mg/kg)
- Water-soluble fiber
- Miralax (1/2-1 cap/day)*

**Usually used only in immediate post-operative periods to keep stools soft, stop after 1 month*

HYPERMOTILITY TREATMENT

- Constipating diet
- Water-soluble fiber
- Medication
  - Loperamide
  - Hyoscyamine
  - Cholestyramine
  - Lomotil
- Small volume enemas

Children's National

If you have any questions, please contact the colorectal team at:
202-476-COLO (2656)
Colorectal@ChildrensNational.org