

Post-Operative Management of Appendicitis

Nonperforated Appendicitis

Bed request extended stay to surgical obs OR transfer to Surg Obs

Regular diet

Saline lock when tolerating PO

Tylenol 10 mg/kg q6 prn (max 650 mg)

Ibuprofen 10 mg/kg q6 prn (max 600 mg)

Oxycodone only if fails above

Discharge when tolerating PO x3 hr

Perforated Appendicitis

NPO initially, but advance diet as tolerated

Pain control

- IV Toradol scheduled 0.5 mg/kg q6 for 48 hr
- IV Tylenol schedule 10 mg/kg q6 for 48 hr
- Morphine 0.1 mg/kg prn or fentanyl 1 mcg/kg prn

Rocephin 50 mg/kg q24 and Flagyl 30 mg/kg q24

Discharge criteria

- Afebrile 24 hr
- Adequate PO intake
- Return of bowel function

Prior to discharge, draw CBC

- If WBC normal, no additional antibiotics
- If WBC elevated, Augmentin x7 days

If fails to meet criteria for discharge by postoperative day 6, obtain ultrasound to evaluate for abscess



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